

DESERT ROUNDUP



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Enduring Freedom inspires enduring runner

By JO3 Denise Morris

"Run, Forrest, Run." Bob Alessio has heard it all. Maybe he hasn't heard the famous phrase "Life is like a box of chocolates" spewed by Forrest Gump in his self-titled movie, but somehow Forrest Gump always comes up when it comes to talking about Alessio's cross-country run.

When he reached Fallon during his Run Across America mission for Operation Enduring Freedom, he had already run 700 miles from his start in Los Angeles.

Before exiting Fallon June 11, Alessio stopped to pay his respects to military personnel working at

NAS Fallon.

He plans to hit other military training areas such as Annapolis and West Point along his 5,400 mile run. His daily routine includes running 22 miles a day, everyday, with a rest every 10 days.

When he completes his run in March 2003, Alessio said it would be the longest run across the country.

His run is taking a year because every city he comes across he will visit each police station, military, police and fire station to give his thanks and appreciation for their hard work in America's fight against terrorism.

Alessio, 57, was born and raised in New Kensington, Pa., and started

long distance running in 1975. His retirement from Compaq Computer Corporation allows him to dedicate his time to his cause. Alessio had encounters with heroism himself as a volunteer fireman between 1967 and 1969 where he developed a deep appreciation for emergency response personnel.

He now resides in Boston, Mass., where he prepared for his run by participating in the Boston Marathon on April 15. He rested a week to recover from the race and flew to California. There he was met by his daughter, Sheryl, 23, and her friend, Ray Napoli, who drove his RV there, to accompany him through his run. Then he started his cross-country run on April 23.

Alessio did some consulting for a while when he got the idea to run for a distance he hadn't reached before. His research found that others had run across America back in the 1920s from San Francisco to New York and in the 1980s.

Whenever he is asked if he was inspired by Gump to run across America, he answers that he might have influenced him but there's two things that separate him from the movie character.

"For one thing Forrest Gump grew a beard, and I'm not going to grow a beard." He continued, "Secondly, when he went across (America) he turned around and ran the other way and back a couple times. When I hit Boston, I'm done running across the country - been there, done that and on to something else!"

He said he initially planned to run 3,000 across America from San Francisco to Boston before the attacks as a personal athletic challenge. But after September 11, he said a new mission chose him: to unite all the venues of the terrorist attacks.

"I'm running across America for Enduring Freedom. It's a patriotic mission for the victims and families of the terrorist attacks, all the emergency relief units including police, fire, emergency medical technician and the military."

Besides running, he enjoys other

outdoor activities such as hiking, camping and mountain climbing. He said he has always been an athlete with participation in baseball, track, junior high, high school and college football, and he continues to play basketball.

He has caught the attention of some noteworthy people interested in his cause such as Mayor Willie Brown of San Francisco, Calif. His story has also been aired on Fox and NBC affiliates.

He said running for his cause also helps him personally. "It is a fulfillment of a desire and need to show patriotism in support of the mission to eliminate terrorism." Since enlistment isn't an option at the age of 57, running is his way to support the fight against terrorism. It also makes him feel a part of something and shows his concern for the victims, EMTs, firefighters and military personnel.

Alessio isn't sponsored and all donations he receives goes to The Brain Center on Cape Cod, Mass., where doctors conduct research on brain disorders.

He said that the reception he gets from people along the way has been very exciting. He said that most people first offer him water or food because they think he is starving. But like Forrest said, when he's hungry he eats, when he's tired he sleeps. He said even the haircut he wore that day was given to him free by a barber who appreciated his mission.

After he finishes his run in March of next year, he doesn't plan to stop his momentum. He will run the Bay State marathon and Pikes Peak which is called America's greatest challenge.



Bob Alessio visits the base along his 5,400-mile cross-country run supporting Operation Enduring Freedom (Photo by JO3 Denise Morris).

NASF shows its 'Thanks' to the Community



The EOD robot put on a show on the ground while NASF, VFC-13 and NSAWC pilots put on a show in the air above during the base's Community Day, June 8 (Photo by JO2 Eric D. Ritter). More Community Day photos on Page 6

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Chaplain's Corner



Chapel Call

Protestant

Sunday: 11a.m. Worship Service
Communion Sunday is the first
Sunday of each month.

Catholic

Sunday: 9:30a.m./6p.m.
Mass
For other Catholic services available in town, please call St. Patrick's at 423-2846

Cmdr Jack Kirk, base chaplain retires...
...Fair, winds and following seas



Chaplain Kirk speaks to the crowd as his wife, (left front row), Mary Jo and daughter, (right front row) Christina listen/watch



Base XO, Cmdr Ed Rybold presents the shadow box containing mementos from both Kirk's and his father's military careers

"Shipmate...the watch stands relieved...relieved by those you have trained, guided and lead. Shipmate, you stand relieved. We have the watch. Boatswain...standby to pipe the side...Shipmate's going ashore"

--The Watch



Chaplain Kirk's son, John, gives the invocation to the audience



After the ceremony, Chaplain Kirk expressed his gratitude to those who came to the event



Chaplain Kirk accepts the American flag



Piping ashore for the final time...

The Desert Roundup Editorial Office, Public Affairs Office NAS Fallon, NV 89496

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Submissions in the form of news and feature stories, photographs and letters to the editor are encouraged; these must include author's name, rating, rank and unit for military, and position and department for civilian personnel.

All submissions, with the exception of letters to the editor, must include duty phone number for verification of information. Signed letters to the editor will be considered for publication unless the writer requests that the contents not be published. Names will be withheld upon request. News and feature copy may be edited for adherence to appropriate news style and are subject to editing due to space limitations. Submit articles by e-mail or in text format on 3.5" disks and hard copy. Deadline is noon, nine days prior to publication.

Classified Ads: Classified advertising of personal items and services for

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Deadline for free classified ads is the same as the deadline for submission of article and photos. These ads are accepted only by mail or delivery by the above date to the office of the publisher, no phone-in ads will be accepted. Free classified ads may be emailed to ritter.eric@fallon.navy.mil

Capt. Brad T. Goetsch, Commanding Officer
Cmdr. Ed Rybold, Executive Officer
Zip Upham, Public Affairs Officer
JO2 Eric Ritter, Editor/Layout & Design/Photographer
JO3 Denise Morris, Staff Writer/Photographer

New 3rd Class POs graduate PO Indoc



Newly frocked 3rd Class Petty Officers from NASF and NSAWC stand with certificated of completion of Petty Officer Indoc (By JO2 Eric D. Ritter).



NAS Fallon's newest Frockeers: First Row left from right: AM1 Charles W. Martin, AC2 Marisa Henderson , IT2 Gary Berry, MA2 Kiesha Jackson, AC2 Jonathan Grimes, Second Row left from right: AO2 Wayne Hanner, AO2 Michael Heath, YN2 Kelly Bell, OS2 James Holladay, MA2 Richard Cram II, MA2 Jeremiah Johnson (Photo by JO3 Denise Morris).

NASF Third Class Frockeers

- MA3 Cecil C. Adams, II
QM3 Matthew J. Crowl
STG3 Jason A. Rangel
AO3 Abraham M. Akin
- AO3 Sarah J. Monteith
AO3 Mark J. Nowak
AO3 Sarah M. Saine



AIMU Officer in Charge Cmdr Robert Boserman congratulates AIMU's newest petty officer, AM3 Kevin Woods during his frocking ceremony held recently at AIMU's administration office (Photo by AO1 Andres

BZs around base

- NSAWC Frockeers
FC2 Jeremie Barber
IS2 Bruce Bartkowski
AO3 Anthony Brown
IS2 Matthew Carleton
IS2 Michael Chadwell
IT3 Colt Cody
- CTO1 Hugh Conwell
CTA3 Monique Davis
IS3 Arthur Richard Jr.
IS2 Sean Harrison
IT1 Joel Holley
JO2 Luke Johnson
AK3 James Miller
- AO1 Raymond Rathbone
IT2 Larry Roberts
GM1 Josito Talisayan

Fallon features creatures both dangerous and deadly

By JOI Patrick Lane

Lions and tigers and bears, oh my!

Well, not quite, but residents of Northern Nevada do need to be aware of a few creatures that inhabit the area which could pose health problems or possibly even threaten your life.

The high desert of Northern Nevada provides the perfect habitat for the usual suspects of dangerous and deadly spiders and snakes, such as the Black Widow spider and a variety of rattlesnakes. But, there are a couple of additions to the list of characters that inhabit our area as well as our nightmares. Tarantulas, scorpions and Brown Recluse spiders also lurk in the dark recesses of your kitchen cupboards and under your house as well as the dreaded deer mouse.

Deer mouse?

Should Fallonites beware of stealthy snakes and lethal arachnids as well as watch for ravenous rodents? Well, sort of.

It's not likely that anyone will be attacked by a deer mouse since they

usually weigh only a few ounces and avoid contact with humans, but they pack a powerful punch in what they leave behind.

The haunta virus was discovered in 1993 and is believed to be a distant cousin of the ebola virus. Deer mice as well as the cotton rat and white footed mice are carriers of the virus which is spread through bites, contact with open sores or, more commonly, by inhaling particles of droppings or urine from infected mice.

Haunta virus starts with flu-like symptoms such as fever, chills and muscle aches. Without medical attention, kidney disease and respiratory failure are possible. The onset of shortness of breath may not be noticed at first, but due to its rapid progress, the person will begin to bleed internally and then respiratory failure sets in and may eventually kill the person.

Though there is no known cure for haunta virus and it has a 50 percent fatality rate, prevention is relatively easy. Take the following

precautions to avoid or eliminate conditions where the haunta virus may be present.

* Buildings that have been closed up should be aired out before entering.

* Check buildings and repair any access that rodents have for getting into the buildings.

* Trapping or eradicating the mice with a good mouser such as a Rat Terrier dog is essential.

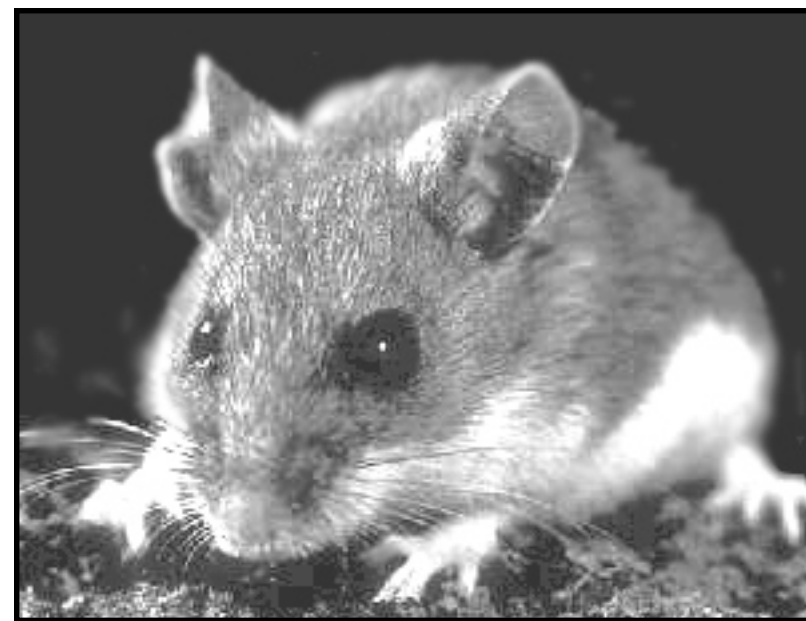
* Disinfect the areas with bleach or other good disinfectants before cleaning, to help prevent the inhalation of the virus.

* The use of a respirator with a HEPA-rated filter while cleaning to prevent inhaling the virus will help as well.

* Dispose of any dead rodents, their droppings and bedding in a sealed plastic bag.

* Exposure to direct sunlight will kill the virus.

Because the Haunta virus is fairly rare, with only an average of 178 cases reported throughout the nation each year, public awareness is low compared to other hazards posed by insects or reptiles. The box-office draw



The deer mouse pictured here is cute, but could be deadly. The tiny rodent is bicolored, pale gray/buff to deep red/brown above, and white below. Though small, about three inches in length, it can be a carrier of the Haunta Virus.

for films featuring 50-foot scorpions will always be greater than that for the furry little deer mouse. Few, if any, science fiction movies have been made depicting hoards of deer mice infesting remote communities with this mysterious and deadly disease. But, just because spiders and snakes get the greater amount of exposure in the media doesn't mean the deer mouse and haunta virus should be ignored. If you believe you have been infected, you should immediately

seek medical attention. Early detection and the application of respiratory therapy are vital for successfully treating the virus.

In the meantime, a little bit of knowledge and a few preventative measures will go a long way. If you're constantly on the lookout for spiders in the tool-shed or scorpions in your shoes, it might be a good idea to add deer mice to the list of things you watch out for.

NMCI changes are coming, are you ready?

In order to ensure a successful cutover, it is imperative that the user who will receive a new NMCI computer completes the following tasks prior to their assigned cutover date and time.

Prior to Cutover Day, consolidate all data to be migrated to new machine. Follow instructions on the Migration Tip Sheet that has been emailed to each user.

✓ If you are a laptop user obtain Remote Access Service (RAS) Public Key Infrastructure (PKI) certificate. Contact your Local Registration Authority – contact 426-4718.

- ✓ Participate, when requested, in pre-deployment validation.
- ✓ Notify your IT point of contact if you won't be available due to authorized TAD/Leave on assigned cutover date/time.
- ✓ Review Ready, Set, Go guides on the Intranet.
- ✓ Prepare work area for new machine.

User Responsibilities on Cutover Day

- ✓ Ensure classified information is properly stored. Check your neighbor's area (if they are not available) to ensure classified information is properly stored.
- ✓ Attend assigned Operational Readiness Training Session.
- ✓ Complete user checklist and return to Change Management Specialist supporting your work area.
- ✓ Notify Change Management Specialist or ISF Technician of any issues with your new machine.
- ✓ Submit User Acceptance Form to Help Desk via email.
- ✓ Actively participate!

To prevent data loss when your new NMCI workstation is installed, the following steps must be performed before the NMCI installation team arrives. The team is responsible only for migrating all data in the **C:\Migdata\<userID> folder** to the new NMCI workstation. If these steps have not been completed before the team arrives, there is no guarantee that any of your data will be migrated to your new NMCI workstation.

Creating a Migration Folder

1. Right-click on **My Computer** and left-click on **Explore**.
2. Left-click on the C:\drive icon. The C:\drive is now selected. (Your C:\ drive may also include another name if it was given a label (i.e., C:\My Hard Drive).
3. Left-click on **File**. The File menu displays.
4. Left-click on **New**. The New menu displays.
5. Left-click on **Folder**. A new folder displays.
6. Type **Migdata** to replace the default New Folder name and press **Enter**. (Check to ensure that there are no typing errors in the name.)
7. Using the left mouse button, double-click on the **Migdata** folder to open it.

Continued on Page 5

Quality of Life just got a little better for some sailors on base

By: JO3 Denise Morris

When the Navy was indoctrinated centuries ago, the rules that applied then were stricter and harsher and is now labeled, the "old Navy". The Navy recognizes that the stricter standards caused many sailors to not reenlist.

The "new Navy" is working hard to fight attrition and to make working in it easier. Some ways are by pay raises. One recent way is through renovations of living quarters for single and geobachelor sailors living on base.

Many sailors that have been in

the military for more than 10 years remember having to room with one or two other people in small living quarters. Those in the Vietnam War and before them remember living with over 20 other shipmates in open bays. Now, on naval bases nationwide and abroad, living quarters are having major renovations to make living on base more like home.

Two years ago, the enlisted barracks, located near the North gate, were built. Sailors have their own room and share a kitchen and bath with one other person.

Recently, Barracks 9 250-square foot rooms now accommodates one sailor

instead of two, has full-size beds instead of a twin, and has new furniture. Renovations included removing asbestos and the rooms were painted and carpeted.

The new barracks and renovations are a call to former U.S. Navy Vice Chief of Naval Operations in 1995 Adm. Stanley Arthur who made a statement before the personnel subcommittee on Quality of Life. He said, "Our sailors have never and will never let us down; we must ensure that we, in turn, never let them down. To keep them with us over the long term, we must treat them, and their families properly." He continued, "We must pay them fairly, house them decently ensure they have sufficient time at home when not deployed and provide them with high-quality recreation and family support programs."

Sailors appreciate the change. JO2 Luke Johnson, NSAWC Public Affairs journalist, 28, is a geo-bachelor who just moved into barracks 9. "It's better because when you're older you need to be surrounded by more mature people and have your own space," he said.

Johnson said even though he isn't with his wife and two little girls, moving into the renovated rooms makes living on base easier. "It's like you're living in an apartment. It makes it feel more like home."



JO2 Luke Johnson relaxes and plays video games after a day's work in the newly remodeled barracks (Photo by JO3 Denise Morris).



Submitted by AZ2(AW) Fredrico Cedillo

Check out the new guy...

Five-year-old AO1 Bailey Burja came in from NAS Lemoore recently to visit with his grandparents AOC(AW) Michael and LuAnne Thompson. His parents, AE2 Joe and Sarah Burja are stationed in Lemoore, but still thought it would be a great idea for a day's visit with the family. The First Class rank on Bailey's arm quickly went to his head as he soon wanted a cup of black coffee and asked to get in front of the chow line. After that, he soon had G4 running vigorously.

Navy-Marine Corps Relief Society Presents Budget for Baby Class

By Beth Aiello, NMCRS Publicity Chairman

Are you expecting a baby? The Navy Marine Corps Relief Society (NMCRS) will present a Budget for Baby Class Thursday, August 1, from 1:00 p.m.- 4:00 p.m. The presentation will be held in the Family Service Center Training Room in the building with PSD. All ranks are encouraged to attend.

The class is designed to educate parents about the financial impact your new bundle of joy will have on your family. The seminar also offers guest speakers with important information about pay, benefits, health care, and community resources. Another wonderful benefit to attending is the opportunity to meet other expectant parents and be able to share experiences and concerns.

In addition, each family will receive a junior seabag filled with baby goodies valued at approximately \$70 for attending. Call the NMCRS office at 426-2739 and register today.

NMCI, Cont. from Page 4

8. Left-click on **File**. The File menu displays.
9. Left-click on **New**. The New menu displays.
10. Left-click on **Folder**. A new folder displays.
11. Type in your current network User ID (i.e., **jsmith**) and press the **Enter** key. (Check to ensure there are no typing errors in the name.)
12. Copy all files and folders containing information necessary to the User ID subfolder. Refer to the next section for instructions on how to complete this task.

Copying Files to the User ID Subfolder

1. Right-click on **My Computer** and left-click on **Explore**.
2. Locate the file or folder you want to copy to the folder created at step 11 in the previous section.
3. Left-click on the file or folder to select it. (To select more than one file or folder, press and hold the Ctrl key while clicking on each file or folder (only works if all files are in the same folder, and all folders are on the same drive).)
4. Select **Edit** from the menu bar. The Edit menu displays.
5. Select **Copy**.
6. Right-click on **My Computer** and left-click on **Explore**.
7. Locate the c:\Migdata\<User ID> folder.
8. Using the left mouse button, double-click on the <User ID> folder to open it.
9. Select **Edit** from the menu bar. The Edit menu displays.
10. Select **Paste**. The file(s) will be copied to the current folder.

For additional users on a workstation, start at Step 9 of

Creating a Migration Folder.

--Call 426-4664 if you have any questions about the change-over



Community Day: A real blast with Fallon

Story and photos by JO2 Eric D. Ritter

Even though this year NAS Fallon wasn't able to offer a headlining show with acts such as the Navy's Blue Angels or the Air Force Thunderbirds, a show was put on that left audiences 'oooooing' and 'ahhing' anyway.

Hundreds came out to the base's open-door Community Day, some as far away as Ohio, to see speed and some flash. They weren't disappointed.

NASF and NSAWC pilots may

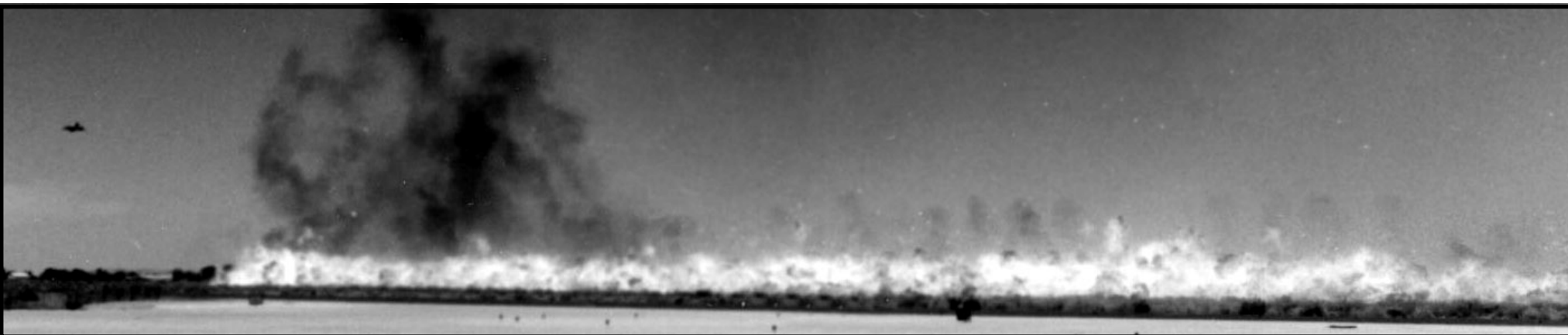
not have had the fancier paint jobs of the Blue Angels, but they still pushed the power up as well as any of those pilots.

The gates opened to an unusually chilly June morning that left many of audience members seeking shelter from the blustery winds in areas like the vendor booths where they warmed up a little taking in some of the hot food sold there.

The big opportunity to warm up wasn't the meat on the grill. It was

the always popular Wall of Fire. As the wall of flames took to the sky, so did the crowds hands with applause at the blistering sight.

This year's Community Day was a far cry from the base's normal airshow in terms of size and schedule. But, everyone visiting had a great time and thanked the military for all they have done at home and abroad even though it was the base's day to show appreciation to the community.



The wall of Fire thrilled the crowds who came out for the base's Community Appreciation Day



Three young girls cuddle at the Fallon Families First booth to escape the unusually chilly June morning



A future pilot who found his inspiration at the show?



The sign says it all

The Wall of Fire 'Wowed' everyone, but did you ever wonder... How'd they do that?

Photos and story by JO2 Eric D. Ritter

An air combat scenario unfolds over the airfield and spectators at the Naval Air Station Community Day are enthralled in the scene when, suddenly, F-18 Hornets appear to drop bombs on a ground target. A raging wall of fire emerges from the battle scene as the Hornet triumphantly streaks across the sky. A cheer rises from the crowd for the victorious pilot.

What the spectators don't realize is that the pilot had nothing to do with the 1,000-foot long wall of fire that so thrilled the crowd and put the finishing touches on the show. The pyrotechnic displays are actually the work of the Explosive Ordnance Disposal Unit

11 Detachment here and were put in place hours before the actual show.

EOD is overall responsible for laying out over 10,000 feet of detonation cord, 110 blasting caps, 100 half-pound boosters to simulate the strafing run and 210 one-pound boosters for the Wall of Fire.

Regular gasoline is used for the blast—not jet fuel—and over 11,000 gallons of it. All of it, by the way, is consumed in the blast leaving nothing behind on the ground.

Hours and hours go into the project just to have it all go up in flames in a matter of seconds.

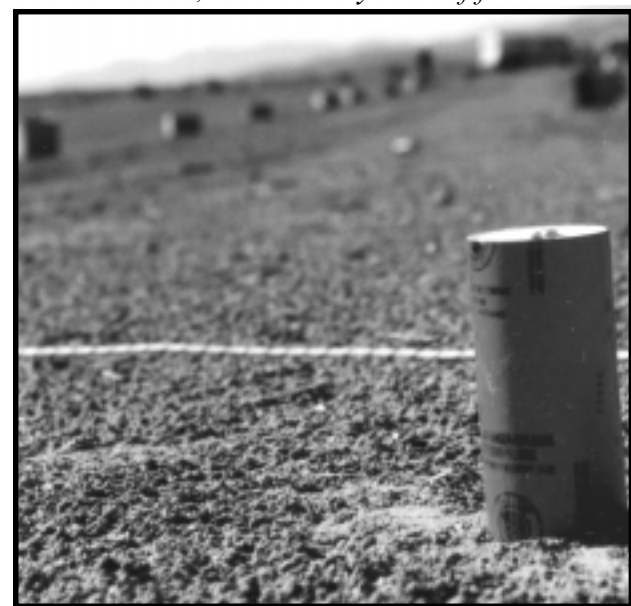
"It's a lot of work. It takes a lot of time," said MN1 Jeffrey Bussey. "We just have to make sure all of our 'ducks are in a row' before the shot. But, after you get all that done, it's all really a lot of fun."



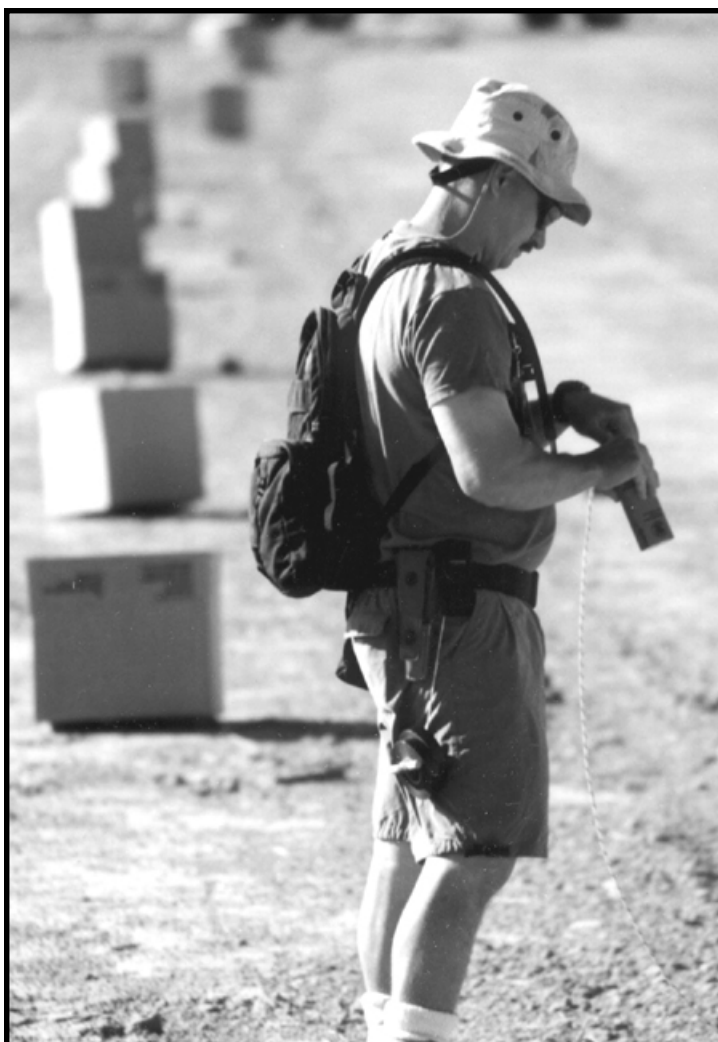
MN1 Jeff Bussey kicks dirt on top of some of the strafing run blasting devices to help add to the explosion effects



Bussey lays some of the miles of detonation cord along the ground



A blasting cap waits to be attached to the wires



GMCM Mike Fiedler assembles the blasing devices to the wires



ENCS Steve Boneau(left) and Fiedler(right) fill the bags with gallons of fuel



After the bag has been filled, GMC Mark Graff ties off and cut the loose ends off the bags.

Healthwatch: Hypertension does its damage silently

By Aveline V. Allen, Bureau of Medicine and Surgery

WASHINGTON — Beware of the silent killer.

Hypertension — or high blood pressure — claims many victims, but a lot of people who have it may not even know it.

“Though not curable, hypertension is fully controllable, and effective control reverses the risks associated with hypertension,” said Cmdr. Christopher Culp, Navy Medicine’s specialty leader for internal medicine.

According to the American Heart Association (AHA), one in four adults have high blood pressure, but since there are often no symptoms associated with it, almost one-third don’t know they have it. And while its more common in adults, children and even babies can also be victims. In up to

90 to 95 percent of these cases, the cause is unknown.

Why should you be concerned about high blood pressure? First, it can lead to possible strokes, heart attacks and kidney failure. Essentially, high blood pressure makes your heart pump harder and your arteries experience greater pressure as they carry blood through your body.

Although there is no known cure for high blood pressure, there are several things you can do to control it. The AHA gives helpful hints on how to do just this.

When considering food choices, choose foods that are high in potassium and low in sodium. These include:

- fruits, especially apples, bananas, cantaloupes and raisins;
- vegetables, such as broccoli, cabbage (cooked), corn on the cob, and

baked or broiled potatoes;

- non-sodium seasonings, such as allspice, cinnamon, lemon juice and nutmeg instead of salt.

A good rule of thumb to remember is to eat foods lower in sodium such as meat, poultry and fish. Also when making your main-dish items, cook them with unsalted fat-free broth, low-sodium bouillon, low-sodium canned soups or canned vegetables without added salt.

Read the food labels when you grocery shop and distinguish between foods that have a high sodium level and those that don’t.

Another hint is keep your weight in line.

“If you are even slightly overweight, simply losing the extra weight may eliminate the need for medications to control blood pressure,” said Culp.

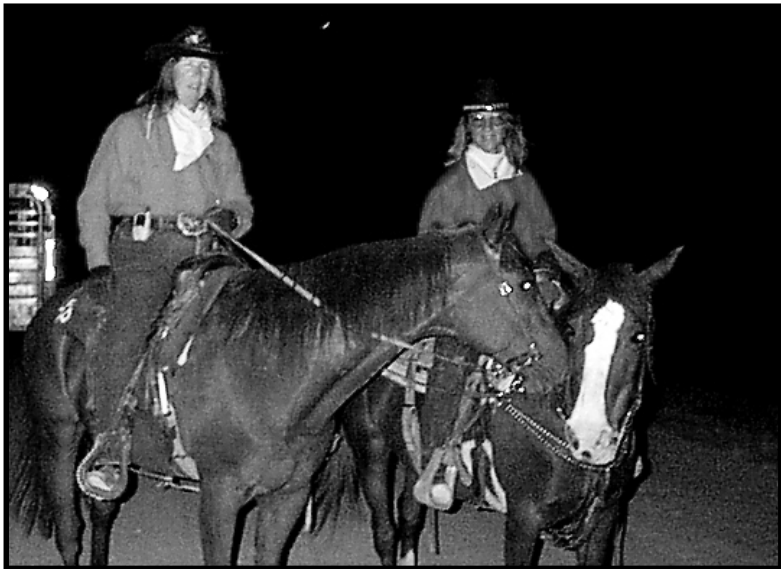
Not only is your diet and weight important to preventing high blood pressure, exercising also plays a key role in lessening the risk of developing it.

“Exercise is very valuable in reducing blood pressure and in countering the effects of hypertension,” said Culp.

The AHA recommends pleasure walking, gardening, moderate to heavy housework, and dancing as exercises you can do at home to help keep your blood pressure in check. More vigorous aerobic exercises include running, swimming, bicycling and roller-skating.

For additional information on high blood pressure, contact your healthcare provider or visit the America Heart Association Web site at www.americanheart.org. For more news, go to the Navy Medicine NewsStand page at www.news.navy.mil/local/mednews/.

The Pony Express saddles up again



Jill Andrews and Barbara Lydon mount-up to carry the mail across the south end of Lahontan Valley on the night of June 13 (photo by Bill Andrews)

Local riders helped recreate a piece of history June 13 as part of a reenactment of the legendary Pony Express mail run. The National Pony Express Association conducts the re-ride each year along the Pony Express Trail from Sacramento, California, to St. Joseph, Missouri. The trail cuts across the southern edge of Lahontan Valley from Sand Mountain to the Dead Camel Mountains southwest of Fallon. This year the horseback relay started on June 11, passed near NAS Fallon during the night of June 13 and will conclude in Missouri today.

The re-ride will take the full 10 days, running 24 hours a day non-stop with the help of over 500 riders and horses. The 1,966-mile route follows the original Pony Express National Historic Trail through California, Nevada, Utah, Wyoming, Colorado, Nebraska and Kansas to Missouri. It is the longest event held annually on a historical trail, even surpassing the famed Iditarod.

The event commemorates the Pony Express of 1860 to 1861. The Central Overland and California Pikes Peak Express Company carried letters

and telegrams for 18 months to prove the Central Route through Salt Lake passable year round. Pony Express history is preserved in the federally designated Historic Trail, administered by the National Park Service, in museums, Pony Rider monuments, books and the annual re-creations by the NPEA.

Riders carried the mochilla, a set of saddlebags that hold the mail and can be quickly transferred from horse to horse, to deliver actual U. S. Mail in true pony express style. The commemorative letters honor Pony Express history, and are hand post marked to denote their special means of delivery. The envelopes show they were carried by a Pony Express and the first class postage will have special US Postal service cancellation.

Jill Andrews, Vice President of the Nevada Division of the National Pony Express Association and a Navy Exchange services clerk, participated in the ride on June 13. She and her horse “Dillon” took the mail from Top Gun Raceway to the top of Simpson Pass. She said the ride was a lot of fun. “The Pony Express is a good way to combine history and horsemanship.”

The United States of America; an 'ideal' nation

The upcoming Independence Day celebration may have greater significance to many Americans in the post-9/11 world as debates continue over liberty vs. security. Whatever the outcome of those debates, one thing remains certain. The decisions made will be made as a nation for this country was founded on the premise that

no entity shall dictate over the will of the people.

Throughout history many men have built kingdoms and nations through dictatorial power. Yet it is still to be seen if any one person can justly wield autocratic power, for it has been said that absolute power corrupts absolute. The founding fathers

of this nation understood this and set the foundation of this country not upon the shoulders of a man, but upon ideals "...fairly engrossed on parchment." Beginning with the Declaration of Independence and culminating with the Constitution of the United States of America, a new way of governing was born "Of the

people, by the people and for the people".

Drafted by Thomas Jefferson between June 11 and June 28, 1776, the Declaration of Independence is at once the nation's most cherished symbol of liberty and Jefferson's most enduring monument. In the Declaration, Jefferson expressed the convictions in the minds and hearts of the American people in exalted and unforgettable phrases. What Jefferson did was to summarize the ideal of individual liberty in "self-evident truths" and set forth a list of grievances against the King in order to justify before the world the breaking of ties between the colonies and the mother country of England. From that moment on Americans became a people served by government rather than the other way around.

Fourth of July celebrations are traditionally a time of lightheartedness and joyful revelry when friends and family get together for barbecues and fireworks displays. For many, little thought was given to the meaning behind the holiday. In light of the global situation the world is currently enduring, there may be more reflection upon the ideals originally set forth in the Declaration of Independence and about what it means today. Many may find it refreshing to discover that the concepts are just as true now as they were then. The 'unalienable right' of 'life, liberty and the pursuit of happiness' is worth fighting for whether it be from a tyrannical and oppressive mother country or from a band of zealots who would seek to terrorize the world and hold peace at ransom.

Nation honors 'Ole Glory' on 225th Flag Day

As Americans struggle to deal with the post 9-11 world, many have taken up the flag as a source of solace and reassurance and as a means to display their love of country. So great was the demand for American flags after the attacks on the World Trade Center and the Pentagon, many stores could not stock their shelves fast enough. It seemed the tragic event had turned every day in America into Flag Day.

The 'Stars and Bars' continued to be displayed with pride all around Fallon as the nation celebrated the 225th observance of National Flag Day on June 14. Naval Air Station Fallon flew the holiday flag in observance of Flag Day and numerous flags were on display from personal vehicles, homes and businesses throughout the city of Fallon.

On June 14, 1777, the Continental Congress proposed that the United States have a national flag instead of the British Union Jack. The 13 stars of the flag represented the 13 new states. There were few public ceremonies honoring the Stars and Stripes until 1877, when on, June 14, it was flown from every government building in honor of the centennial of the adoption of a national flag. Schools had unfurled American flags over their doors or outside the buildings long before this; but in 1890, North Dakota and New Jersey made a law that required their schools to fly the flag daily. The first official Flag Day was observed in Philadelphia, Pennsylvania in 1893. New York also pro-

claimed June 14 as Flag Day 1897. Other states were slow to follow. Some people thought that the day was too close to Memorial Day and Independence Day.

In August 1949, President Harry S. Truman proclaimed June 14 as Flag Day. Since then the President proclaims the commemoration yearly and encourages all Americans in the country to display the Stars and Stripes outside their homes and businesses. Individual states determine how they will observe the day.

All through its history the National Ensign has endured as much controversy as it has enjoyed reverence. The Star Spangled Banner has been televised burning in the streets of other countries as well as on college campuses here in America. It has been seen draping the coffin of presidents in years past and, more recently, the bodies of fire fighters in New York. The Supreme Court has heard cases concerning the flag and even the Pledge of Allegiance has come under fire before the highest court in the nation.

Throughout, the flag has remained a steadfast symbol of freedom and democracy not only for Americans, but for all the world.

"We take the stars from heaven, the red from our mother country, separate it by white in stripes, thus showing that we have separated from her..."

— George Washington —

Poems for the Patriot

*Remember why you signed up.
Remember those who died.
When you put on that uniform
it is a sense of pride.
Pride of those who came before
and those of us now.
Pride to tell our legacy
just what we mean and how.
How we stood for truth and justice.
How we fought to be
the best people and place
that would ever be.*

— AC1 Shannon Hughes

*We are one, all united
We are one, will not be divided
We are one, strong and true
We are one, me and you
We are one, with Ole Glory
We are one, we write this story
We are one, we fight not fall
We are one, the U.S. is a brick wall
We are one, all colors all creeds
We are one, we fulfil our needs
We are one, to overcome
We are one!
We are one, stand tall and right
We are one, ready to fight
We are one, the one that can't be
beat
We are one, we can take the heat
We are one, all together
We are one, to storm any weather
We are one, we have a chance
We are one, we take a stance
We are one!
We are the red, white and blue
That holds us all together
Me and you!*

— AC1 Shannon Hughes —



Desert Moon Theater

Friday, June 21, 6:30pm	Scorpion King (PG13)
Friday, June 21, 9pm	Spiderman (PG13)
Saturday, June 22, 6:30pm	Deuces Wild (R)
Saturday, June 22, 9pm	Unfaithful (R)
Sunday, June 23, 2pm	Life or Something Like it (PG13)
Sunday, June 23, 5pm	Scorpion King (PG13)
Sunday, June 23, 7:30pm	Spiderman (PG13)

Movie dates and times after June 23 TBA
Call the Theater for up-to-date times at 426-2552

Employment Opportunities

VACANCYNOTICE

Churchill County High School NJROTC Program announces a position:

Naval Science Instructor

This position will serve as an assistant to the Senior Naval Science Instructor.

Position requires: Retired or will be retired by August 2002 from the U.S. Navy or U.S. Marine Corps. Naval Science Instructor Certification or qualified to obtain certification by August 2002.

Completed Churchill County School

District application including a resume.

Salary based on active duty pay and retirement pay.

200 day work calendar to include actual 182 school days.

Application Deadline: 4 p.m. on Friday, May 24, 2002.

For information, call Personnel Office (423-5184) – Mrs. Lori Norcutt, Gary Imelli, Assistant Superintendent or Commander Rod Maskew, Naval Science Instructor – CCHS (423-2181)

Supply Clerk

Salary Range: \$24,701-\$32,113

Knowledge, skills and abilities: Knowledge of standardized supply regulations to perform routine technical support duties related to maintaining property accounts and records, completing individual transactions, providing customer assistance, screening reference files, conducting data searches and distributing output files.

Who may apply: Current or former permanent federal employees eligible for transfer or re-instatement, veteran readjustment appointment eligibles, disabled veterans, applicants meeting criteria for severely physically disabled and current DoD nonappropriated fund employees.

How to apply: If you are interested in

applying for the position listed above, please submit your resume on line www.donhr.navy.mil or you may email your resume to wantajob@sw.hroc.navy.mil. Please select announcement number 2005. U.S. citizenship is required.

Security Assistant

Salary range: \$22,078-\$35,796

Knowledge, skills and abilities: Responsible for assisting in the execution of personnel, information, ADP and physical security programs at NSA/CSS. Assists the security department and command by performing a variety of clerical and administrative duties in support of the Security specialists. Responsible for the administration of the security program for a major critical program of highly classified nature. Incumbents will be required to obtain and maintain a top secret clearance. Coordinates and/or conducts destruction of classified material. Maintains destruction records. Provides computer support, utilizing microcomputers and computer programs and loading of software onto the hard drives. Performs internal physical security functions for facility including making safe combination changes and administering

lockup procedures.

Open to all U.S. citizens.

If you are interested in applying for the position listed above, please submit your resume on line www.donhr.navy.mil or you may email your resume to wantajob@sw.hroc.navy.mil. Please select announcement number 0086. U.S. citizenship is required.

Emergency Communications Dispatcher

Salary Range: \$24,701-\$32,113

Major duties: Operates all communications links pertaining to law enforcement, physical security, fire suppression, aircraft crash/rescue vehicles and personnel.

Knowledge, skills and abilities: Ability to operate multiple radio communications equipment simultaneously. Ability to operate alphanumeric keyboard. Ability to dispatch emergency response vehicles to exact locations. May have highly stressful situations. Who may apply: Current or former permanent federal employees, disabled veterans meeting criteria and current DoD nonappropriated fund employees. If you are interested, please submit resume to wantajob@sw.hroc.navy.mil. Please select announcement 2151

Desert Classifieds

Pets:

--If you're looking for a new or lost pet, please check with the Churchill Animal Protection Society (CAPS). They have a number of animals available for adoption or sponsorship. Call 423-7500 for more information.

Autos

:FOR SALE-

--Dodge Ram Mopar bedliner--less than 1-year old.

Fits short bed. Excellent condition.

All attaching hardware included.

Bug deflector brand new.

Both for \$150. Call 423-9675

--2001 GMC Jimmy 4x4 SUV for sale. 26,000 miles, every option but leather. still under warranty. asking \$18,500 firm, well under blue book. Ask for Joel 428-6898

--For Sale-1987 Ford F-150 4x4, extended cab. Good condition, runs well. \$3,000. Call Daryn. (775)530-7237 (w) 423-1895(h).

--For sale: blue, 1988 Ford F150; 1994-300 6-cylinder motor w/ 25,000 miles; many new parts; 1/2 ton; automatic transmission; many new parts to the motor; overall good condition. Call 428-1078 if interested.

Misc.:

I am looking for a roommate to share a 2 bedroom, fully furnished apartment located in a quiet part of town. The rent is \$300 a month and includes all utilities (elec., gas, water, garbage) Cable TV and telephone are extra. It takes

approximately 10-15 minutes to get to Fallon NAS 423-7918

--*Motorcycles:* 1998 RM 125 Suzuki, many-many extra parts, excellent running machine, must go... asking \$2,850.00 or best offer (O.B.O.); 2001 RM 125 Suzuki, brand new with low hours, must go, asking \$3,750.00 or best offer (O.B.O.) *Truck:* 1997 Dodge Ram 1500, extended cab, 4x4, 5.9L V-8, automatic transmission, power everything, 3.5 inch lift with off-road tires, sprayed in bed liner, asking \$16,500.00 or best offer (O.B.O.) Contact Dustin Wiggins anytime. Work (775) 426-2319 or Home (775) 428-1122

--Dual Stroller for sale. Two-way stadium seating. All-terrain tandem stroller. Excellent Condition. Front seat reverses so tots can ride face-to-face. Rear seat fully reclines. Great for infants. Asking \$100. Call Laura at 423-9465.

--Kenwood stereo system with cabinet, speakers, 2 sided tape deck, tuner, cd player (holds 5 CDs) and amplifier all are also in excellent condition. Now asking \$500. Please call 423-2624.

--1995 G.E., 21.7 cu. ft., side-by-side, frost-free refrigerator/freezer with ice maker. Asking \$650/OBO. Phone AECS Jim Williamson at 426-3485, during normal working hours or 423-8619, after normal working hours.

--Deluxe Stoller with car seat \$45 obo and "Hello Kitty" high chair, \$5; 2 bar stools, \$15 or 1 each, \$8 Call Mardie at 423-2246.

Looking for that one particular elusive item? Put your wanted ad in the Desert Roundup. Call 426-2880 for more information

SPORTS

MWR Captain's Cup Softball 02

- | | |
|---------------|---------------|
| 1. SAR | 7. |
| 2. Medical | 8. AIMU |
| 3. Weps | 9. SFWD |
| 4. NSAWC 1 | 10. NSAWC 2 |
| 5. Security 1 | |
| 6. OPS/ATC | 12. CBU - 416 |

Tues, June 25
1730 8 VS 9
1835 10 VS 12
1940 3 VS 5

Thurs, June 27
1730 12 VS 1
1835 6 VS 2
1940 10 VS 8

Tues, July 2
1730 10 VS 4
1835 3 VS 12
1940 1 VS 8

Thurs, July 4
HAVE A GREAT
INDEPENDENCE
DAY

Tues, July 9
1730 2 VS 3
1835 5 VS 9
1940 6 VS 12

Thurs, July 11
1730 8 VS 12
1835 1 VS 5
1940 4 VS 2

Tues, July 16
1730 12 VS 4
1835 8 VS 3
1940 2 VS 9

Thurs, July 18
1730 3 VS 4
1835 5 VS 10
1940 9 VS 12

Kings and knights battle on base



ATI(AW) Glenn Hart makes his move on the chess board during the recent chess tournament at the base library. The matches are held every Thursday at noon in base library through June 25. Call 426-2599 for more information (Photo by JO2 Eric D. Ritter).

The camera adds ten pounds



Two wanna-be Sumo wrestlers battle in the circle as part of the pre-Community Day celebration (Photo by JO3 Denise Morris).

News and Notes

Planet X presents...

"Summer Bash" begins today at noon. Be ready to party.

--Silver State presents...

Family Night

"By the Pool" June 27--BBQ chicken, ribs, hamburgers and hotdogs 5pm-9pm

Jst REC_it...

Cool off at Spinners' with fruit smoothies, old fashion milkshakes and NEW large waffle cones!

Call in orders 426-3672

Rock n' Bowl

--June 25

all single military and geo-bachelors welcome. Pizza and bowling all for \$1 per person 7-10pm call 426-2836 for details.

ITT events:

Tour Virginia City, June 22. Van leaves the base at 9am. Tour the city that keeps the west alive. Call 426-2865 for more information.

Charter to the Reno Rodeo

Saturday, June 29--Bus departs the base at noon. Known as the wildest richest rodeo in the west. \$33 per person. Includes transportation and general admission to the rodeo.

Canoe down the Carson River June 22.

Van departs the base at 7am. Space is limited, so call 426-2598.

The Oasis Fitness Center would like to announce the return of group fitness classes. Mondays & Wednesdays, Cardio-Sculpt (light resistance/high rep toning-cardio class) at 5pm Tuesdays & Thursday Step (beginner/Intermediate) at 5:30pm. To request a different types of classes please contact Oasis Fitness at 426-2251.

Need for Speed?

Come try our newly designed track at Liberty Speedway. Call 426-2437.

Auto Hobby Shop June Special \$2 off labor on an oil change and lube.

MWR Sports Interest Meeting

We invite all military family members, active duty and DoD to join the MWR athletic staff for a sport's interest meeting. We would like to hear you suggestions, comments and requests.

Time: 6pm

Tuesday, June 25 at the Sports World Gym. For more information, call Tim at 426-2549 or Marcia at 426-2949

NAS FALLON LIBRARY KICKS OFF SUMMER READING PROGRAM

Join us at the library this summer as we celebrate the many sports and games that can be read about in books. The 2002 Summer Reading Program, "Join the Winner's Circle," is open to readers of all ages. Children who are reading on their own can read any books they choose, and keep track of time spent reading. For each three hours of reading, participants can claim a book from our special collection that will be theirs to keep. Prize drawings will be held weekly. We will have a different sports theme and craft each week. This is a wonderful time to encourage your child to read. Registration for the Summer Reading Program begins June 24, 2002, with the program wrapping up on July 27, 2002. Children may register at the library any time during the program. All programs are free of charge. For more information, call the library at 426-2599.

